

Modern lifestyle symbolizes excessive stress and strain leading to compromised health status. Periodic health checkup is therefore essential.

body WATCH

Health Check-ups for all age groups

Body watch packages at Metropolis Offer:

1. Comprehensive Health surveillance
2. Cater to wider age group
3. Cover essential pathology and diagnostic health markers
4. Value added home collection facility for select packages

Pick your choice of wellness package and book your appointment.

080-6688 3939
080-2219 6969

Call us on

WhatsApp

74830 23939

Health Checkup Packages

Points to Remember:

- Overnight fasting is required prior to your scheduled appointment, however you may drink plain water. No other beverages including alcohol are permitted one day prior to test.
- For Sonography, drink a lot of water to ensure that your bladder is full - approximately 1 hr. before scanning timings.
- Breakfast facility available (Except Routine Health, Basic Health, Care @ Home)
- If you are on medication, kindly carry your medicines with you and consume them at the time of breakfast (Post testing sample collection)
- Carry your medical records or past test reports, if any
- To carry the samples (Urine / Stool) please write your name on container, close the lid tightly & keep it in an upright position

Help us Serve you better:

- 10% discount on any additional tests requested along with selected package.
- All packages needs prior appointment by calling at our Customer Care Center
- In case of any query before the checkup, we will be glad to assist you over the Phone & Email
- walking for free report interpretation / follow-up consultation with our Doctors on appointment basis.
- Blood collection for Pathology Tests can be performed through Home Visit with prior appointment
- Kindly remember to collect receipt to avail Tax benefits
- No other discounts can be availed/clubbed with the Packages

*Avail Tax benefits on Wellness Packages

Preventive Health Checkups are exempted from Income Tax Act 80/D upto Rs. 5000/-

ALL THESE WELLNESS PACKAGES ARE AVAILABLE ONLY IN MAIN LAB MALLESHWARAM

Preferably Suggested For All Age Groups

Test Code B-8252

Basic Health Checkup - ₹ 1450/-

Anaemia : CBC (Complete Blood Count) **Bone:** Total calcium
Diabetes: Blood Sugar-Fasting
Liver: Bilirubin - Total, SGOT, SGPT
Kidney: Urine Routine, S. Creatinine
Heart: Cholesterol-Total
X-Ray : Chest
Thyroid: TSH

Non-Pathology Tests:
ECG (with Report)

Preferably Suggested For Age Group - More Than 45 years

Test Code F-8106 - Men F-8107 - Women

Fitness Check - ₹ 5900/-

Anaemia : CBC, ESR, Vitamin B12
Diabetes: Blood Sugar-Fasting, and PPBS, HbA1c
Liver: Bilirubin-Total, Proteins-Total, SGOT, SGPT, Gamma GT, Alkaline Phosphatase, Albumin
Hepatitis: HBsAg (for Hepatitis B)
Kidney: Urine Routine, S. Creatinine, Blood Urea Nitrogen, S Uric Acid, Sodium, Potassium
Heart: Cholesterol-Total, Triglycerides, HDL, LDL, VLDL-Cholesterol
Thyroid: TSH, Free T4
Bone: Total calcium, Phosphorus, Vitamin D

Cancer: CEA for G.I Cancer, PSA, Free PSA (for Men) Prostate Cancer Pap Smear (Thin Prep - LBC) for Women

General Tests:
Blood Group and Rh Factor, Stool Routine with occult blood
Imaging: X-ray Chest, (Digital) Abdomen Scanning, (Ultra Sound)

Clinical Examinations:
Physical Examination

Non-Pathology Tests:
ECG (with Report)

Other Services / Benefits:
Complimentary Breakfast coupon

Preferably Suggested For Age Group - More Than 45 years

Test Code V-8095 - Men V-8096 - Women

Vital Check - ₹ 19000/-

Anaemia & Thalassemia:

CBC, ESR, Iron Studies, Vitamin B12, Folic Acid, Abnormal Haemoglobin Studies

Coagulation :

Prothrombin Time
Diabetes: Blood Sugar-Fasting, HbA1c, PPBS

Liver: Bilirubin-Total, Proteins-Total, Albumin, Globulin, SGOT, SGPT, Gamma GT, Alkaline Phosphatase,

Hepatitis: Anti HCV, Anti HBsAg, HBsAg

Kidney: Urine Routine, Urea Creatinine, Blood Urea Nitrogen (BUN), S Uric Acid, Sodium, Potassium, Chloride

Heart : Extended Lipids Profiles, Cholesterol - Total, Triglycerides, HDL, LDL, VLDL - Cholesterol, Lp(a), Apolipoproteins (A1/B), Homocysteine, HS - CRP Level

Thyroid: TSH, Free T4, Free T3

Bone: Total calcium, Phosphorus, Vitamin D

Non-Pathology Tests:

TMT or ECHO, PFT (Lab option)

CLINICAL EXAMINATION

Physical Examination
Dental Examination (on appointment)
Ophthalmic Examination (on appointment)
Audiometry (on appointment)

Other Services / Benefits :

Complimentary Breakfast coupon

Test Code C-8355

Comprehensive Diabetic Check up ₹ 3025/-

Diabetes

Blood Sugar- Fasting
Blood Sugar - Post Prandial
Glycosylated Hb (HbA1C)

Anaemia :

CBC (Hb%, TC, DC, RBC Count, AEC Platelet Count, PCV, MCV, MCHC) ESR

Kidney

Blood Urea, Serum Creatinine
Urine routine, BUN, Uric Acid
Sodium, Potassium, Chloride
Random Microalbumin / Creatinine Ratio

Bone

Calcium Profile
1. Free Calcium 2. Total Calcium

Heart

Cholesterol-Total
Triglycerides
HDL-Cholesterol (Good Cholesterol)
LDL-Cholesterol (Bad Cholesterol)
LDL-Cholesterol
ECG with report

CLINICAL EXAMINATION

Dental Examination (on appointment)
Ophthalmic Examination (on appointment)

Other Services / Benefits:

Complimentary Breakfast coupon