

Be sure your diet matches your health reports

TruHealth packages now with Personalised Diet

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS			
Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 – 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 – 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 – 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 – 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or info@metropolisindia.com

Package starting at ₹4,500/-

www.metropolisindia.com

TruHealth Elite (M/F) + Consult + ECG + Tru Diet

T9085 (M) / T9086 (F)



Anaemia
CBC, Vit B-12, Ferritin, Folic Acid (Vit-B9), Iron Studies



Diabetes
Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)



Infection
ESR, CRP



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Thyroid
TSH, FT3, FT4



Virtual Report Consult



Personalized Diet



Heart
Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), hsCRP, Homocysteine, Cortisol



Bone
Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Hormones (Female)
FSH, Prolactin, AMH



Cancer
CEA, PSA (Male), CA-15.3 (Female)



Pancreas
Amylase, Lipase



Allergy
IgE Total

MRP (M) ₹32,500 | (F) ₹36,980 at ₹11,000 118 (M) / 121 (F) Parameters

TruHealth Expert (M/F) + Consult + ECG + Tru Diet

T9083 (M) / T9084 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Diabetes
Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Infection
ESR



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Thyroid
TSH, FT3, FT4



Virtual Report Consult



Personalized Diet



Heart
Cholesterol-Total, Triglycerides, HDL, LDL, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol



Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Hormones
FSH (Female)



Cancer
CEA, PSA (Male), CA-15.3 (Female)



Pancreas
Amylase, Lipase



Allergy
IgE Total

MRP (M) ₹27,705 | (F) ₹28,725 at ₹9,000 113 (M) / 114 (F) Parameters

TruHealth ProActive (M/F) + Consult + ECG + Tru Diet

T9081 (M) / T9082 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Diabetes
Glucose (F), HbA1c, Glucose (PP)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Infection
ESR



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine



Thyroid
TSH, FT3, FT4



Virtual Report Consult



Personalized Diet



Heart
Cholesterol-Total, Triglycerides, HDL, LDL, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP



Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Hormones
FSH (Female)



Cancer
CEA, PSA (Male)



Pancreas
Amylase



Allergy
IgE Total

MRP (M) ₹24,255 | (F) ₹23,685 at ₹8,000 109 (M) / 109 (F) Parameters

TruHealth Active (M/F) + Consult + ECG + Tru Diet

T9079 (M) / T9080 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Diabetes
Glucose (F), HbA1c, Glucose (PP)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Infection
ESR, CRP



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Virtual Report Consult



Personalized Diet



Thyroid
TSH, FT3, FT4



Heart
Cholesterol-Total, Triglycerides, HDL, LDL, CPK, Apolipoproteins (A1/B), hsCRP



Bone
Calcium, Phosphorus, 25 OH Vitamin D



Cancer
CEA, PSA (Male)



Hormones
FSH (Female), Prolactin (Female)

MRP (M) ₹20,475 | (F) ₹20,565 at ₹7,000 104 (M) / 105 (F) Parameters

TruHealth Vital Plus + Consult + ECG + Tru Diet

T9078



Anaemia
CBC, Vit B-12



Diabetes
Glucose (F), HbA1c



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase



Infection
ESR



Virtual Report Consult



Personalized Diet



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Thyroid
TSH, FT3, FT4



Heart
Cholesterol-Total, Triglycerides, HDL, LDL



Bone
Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹13,210 at ₹6,000 89 Parameters

TruHealth Vital + Consult + ECG + Tru Diet

T9077



Anaemia
CBC, Vit B-12



Diabetes
Glucose (F), HbA1c



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin



Infection
ESR



Virtual Report Consult



Personalized Diet



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Thyroid
TSH, FT3, FT4



Heart
Cholesterol-Total, Triglycerides, HDL, LDL



Bone
Calcium, Phosphorus, Vitamin D

MRP ₹12,740 at ₹4,500 86 Parameters