

Be sure your diet matches your health reports

TruHealth packages now with Personalised Diet

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS			
Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 – 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 – 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 – 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 – 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or info@metropolisindia.com

Package starting at ₹4,500/-

www.metropolisindia.com

TruHealth Elite (M/F) + Consult + ECG + Tru Diet

T9085 (M) / T9086 (F)



Anaemia
CBC, Vit B-12, Ferritin, Folic Acid (Vit-B9), Iron Studies



Infection
ESR, CRP



Virtual Report Consult



Personalized Diet



Diabetes
Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Heart
Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), hsCRP, Homocysteine, Cortisol



Cancer
CEA, PSA (Male), CA-15.3 (Female)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)



Thyroid
TSH, FT3, FT4



Bone
Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Pancreas
Amylase, Lipase



Allergy
IgE Total



Hormones (Female)
FSH, Prolactin, AMH

MRP (M) ₹28,830 | (F) ₹32,470- at ₹11,000 120 (M) / 123 (F) Parameters

TruHealth Expert (M/F) + Consult + ECG + Tru Diet

T9083 (M) / T9084 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Infection
ESR



Virtual Report Consult



Personalized Diet



Diabetes
Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Heart
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol



Cancer
CEA, PSA (Male), CA-15.3 (Female)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Thyroid
TSH, FT3, FT4



Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Pancreas
Amylase, Lipase



Allergy
IgE Total



Hormones
FSH (Female)

MRP (M) ₹23,770 | (F) ₹25,000- at ₹9,000 113 (M) / 114 (F) Parameters

TruHealth ProActive (M/F) + Consult + ECG + Tru Diet

T9081 (M) / T9082 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Infection
ESR



Virtual Report Consult



Personalized Diet



Diabetes
Glucose (F), HbA1c, Glucose (PP)



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine



Heart
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP



Hormones
FSH (Female)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Thyroid
TSH, FT3, FT4



Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Cancer
CEA, PSA (Male)



Pancreas
Amylase



Allergy
IgE Total

MRP (M) ₹21,050 | (F) ₹20,820- at ₹8,000 109 (M) / 109 (F) Parameters

TruHealth Active (M/F) + Consult + ECG + Tru Diet

T9079 (M) / T9080 (F)



Anaemia
CBC, Vit B-12, Iron Studies



Infection
ESR, CRP



Virtual Report Consult



Personalized Diet



Diabetes
Glucose (F), HbA1c, Glucose (PP)



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Thyroid
TSH, FT3, FT4



Cancer
CEA, PSA (Male)



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Bone
Calcium, Phosphorus, 25 OH Vitamin D



Hormones
FSH (Female), Prolactin (Female)

MRP (M) ₹18,325 | (F) ₹18,575- at ₹7,000 104 (M) / 105 (F) Parameters

TruHealth Vital Plus + Consult + ECG + Tru Diet

T9078



Anaemia
CBC, Vit B-12



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Heart
Lipid Profile



Diabetes
Glucose (F), HbA1c



Infection
ESR



Thyroid
TSH, FT3, FT4



Bone
Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹12,265- at ₹6,000 89 Parameters

TruHealth Vital + Consult + ECG + Tru Diet

T9077



Anaemia
CBC, Vit B-12



Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin



Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Heart
Lipid Profile



Diabetes
Glucose (F), HbA1c



Infection
ESR



Thyroid
TSH, FT3, FT4



Bone
Calcium, Phosphorus

MRP ₹10,420- at ₹4,500 85 Parameters