

Freedom to live well and eat healthy starts here

Book TruHealth 1+1 to get FREE Diet and Expert Consultation

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 – 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 – 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 – 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 – 4.50	Normal



METROPOLIS

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*T&C Apply. Validity: 10th – 30th August

TruHealth Elite (M/F) — MRP (M) ₹33,235 | (F) ₹34,390 — at ₹10,000 — 116 (M) / 119 (F) Parameters | T8926 (M) / T8927 (F)

Anaemia CBC, Vit B-12, Ferritin, Folic Acid (Vit B9), Iron Studies	Infection ESR, CRP	Heart Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), Homocysteine, hsCRP, Cortisol	Cancer CEA, PSA (Male), CA-15.3 (Female)
Diabetes Glucose (F), HbA1c, Glucose (PP), Insulin (F)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, Bicarbonates, GFR with Creatinine, Microalbumin / Creatinine Ratio	Bone Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis	Pancreas Amylase, Lipase
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)	Thyroid TSH, FT3, FT4	Hormones (Female) FSH, Prolactin, AMH	Allergy IgE Total

1+1 available @ ₹18,000

TruHealth Expert (M/F) — MRP (M) ₹22,510 | (F) ₹23,550 — at ₹6,700 — 109 (M) / 110 (F) Parameters | T8372 (M) / T8373 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR	Heart Lipid Profile, CPK, hsCRP, Apolipoproteins (A1/B), Homocysteine, Cortisol	Cancer CEA, PSA (Male), CA-15.3 (Female)
Diabetes Glucose (F), HbA1c, Glucose (PP), Insulin (F)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio	Bone Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis	Pancreas Amylase, Lipase
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH	Thyroid TSH, FT3, FT4	Hormones FSH (Female)	Allergy IgE Total

1+1 available @ ₹10,850

TruHealth ProActive (M/F) — MRP (M) ₹18,345 | (F) ₹17,985 — at ₹5,400 — 103 (M) / 103 (F) Parameters | T8369 (M) / T8368 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR	Heart Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP	Hormones FSH (Female)
Diabetes Glucose (F), HbA1c, Glucose (PP)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine	Bone Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis	Cancer CEA, PSA (Male)
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH	Thyroid TSH, FT3, FT4	Allergy IgE Total	Pancreas Amylase

1+1 available @ ₹9,150

TruHealth Active (M/F) — MRP (M) ₹14,885 | (F) ₹15,100 — at ₹4,400 — 97 (M) / 98 (F) Parameters | T8370 (M) / T8371 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR, CRP	Thyroid TSH, FT3, Ft4	Bone Calcium, Phosphorus, 25 OH Vitamin D
Diabetes Glucose (F), HbA1c, Glucose (PP)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP	Cancer CEA, PSA (Male)
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH		Hormone FSH (Female), Prolactin (Female)	

1+1 available @ ₹7,450

TruHealth Vital Plus — MRP ₹10,090 — at ₹3,300 — 86 Parameters | T8366

Anaemia CBC, Vit B-12	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, Gamma GGT, LDH	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile
Diabetes Glucose (F), HbA1c		Thyroid TSH, FT3, FT4	Bone Calcium, Phosphorus, 25 OH Vitamin D
Infection ESR			

1+1 available @ ₹5,610

TruHealth Vital — MRP ₹9,065 — at ₹2,900 — 59 Parameters | T8367

Anaemia CBC, Vit B-12	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins -Total, Albumin, Globulin, Alkaline Phosphatase, Gamma GT	Kidney Creatinine, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile
Diabetes Glucose (F), HbA1c		Thyroid TSH, FT3, Ft4	Bone Calcium, Phosphorus, 25 OH Vitamin D
Infection ESR			

TruHealth Essential — MRP ₹6,780 — at ₹1,900 — 48 Parameters | T8364

Anaemia CBC	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase	Kidney Creatinine, BUN, Uric Acid	Heart Cholesterol-Total, Triglycerides, HDL, LDL
Diabetes Glucose (F), HbA1c		Thyroid TSH	Bone Calcium, Phosphorus, 25 OH Vitamin D
	Infection ESR		