

Freedom to live well and eat healthy starts here

Book TruHealth 1+1 to get FREE Diet and Expert Consultation

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS			
Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 - 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 - 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 - 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 - 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or info@metropolisindia.com

Package starting at ₹1,000/-

www.metropolisindia.com

Add a TruHealth package to your health goals.

For bookings and home visits call us on 8422 801 801 or visit your nearest centre

TruHealth Expert (M/F) — MRP (M) ₹19,560 | (F) ₹20,560 — at ₹6,000 — 110 (M) / 111 (F) Parameters | T8372 (M) / T8373 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR	Heart Lipid Profile, CPK, hsCRP, Apolipoproteins (A1/B), Homocysteine, Cortisol	Cancer CEA, PSA (Male), CA-15.3 (Female)
Diabetes Glucose (F), HbA1c, Glucose (PP), Insulin (F)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin /Creatinine Ratio	Bone Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis	Pancreas Amylase, Lipase
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH	Thyroid TSH, FT3, FT4	Hormones FSH (Female)	Allergy IgE Total

1+1 available @ ₹10,200

TruHealth ProActive (M/F) — MRP (M) ₹17,110 | (F) ₹16,860 — at ₹5,000 — 104 (M) / 104 (F) Parameters | T8369 (M) / T8368 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR	Heart Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP	Cancer CEA, PSA (Male)
Diabetes Glucose (F), HbA1c, Glucose (PP)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine	Bone Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis	Pancreas Amylase
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH	Thyroid TSH, FT3, FT4	Hormones FSH (Female)	Allergy IgE Total

1+1 available @ ₹8,500

TruHealth Active (M/F) — MRP (M) ₹14,185 | (F) ₹14,435 — at ₹4,000 — 98 (M) / 99 (F) Parameters | T8370 (M) / T8371 (F)

Anaemia CBC, Vit B-12, Iron Studies	Infection ESR, CRP	Thyroid TSH, FT3, FT4	Bone Calcium, Phosphorus, 25 OH Vitamin D
Diabetes Glucose (F), HbA1c, Glucose (PP)	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP	Cancer CEA, PSA (Male)
Liver SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH		Hormones FSH (Female), Prolactin (Female)	

1+1 available @ ₹6,800

TruHealth Vital Plus — MRP ₹8,470 — at ₹3,000 — 84 Parameters | T8366

Anaemia CBC, Vit B-12	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile
Diabetes Glucose (F), HbA1c		Thyroid TSH, FT3, FT4	Bone: Calcium, Phosphorus, 25 OH Vitamin D
Infection ESR			

1+1 available @ ₹5,610

TruHealth Vital — MRP ₹7,860 — at ₹2,500 — 80 Parameters | T8367

Anaemia CBC, Vit B-12	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin	Kidney Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides	Heart Lipid Profile
Diabetes Glucose (F), HbA1c	Infection ESR	Thyroid TSH, FT3, FT4	Bone Calcium, Phosphorus, 25 OH Vitamin D

1+1 available @ ₹4,250

TruHealth Essential — MRP ₹6,145 — at ₹1,700 — 47 Parameters | T8364

Anaemia CBC	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin	Kidney Creatinine, BUN, Uric Acid	Heart Lipid Profile
Diabetes Glucose (F), HbA1c	Infection ESR	Thyroid TSH	Bone Calcium, Phosphorus, 25 OH Vitamin D

TruHealth Basic — MRP ₹3,265 — at ₹1,000 — 42 Parameters | T8363

Anaemia CBC	Liver SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin	Kidney Creatinine, Uric Acid	Heart Cholesterol-Total, Triglycerides
Diabetes Glucose (F)	Infection ESR	Thyroid TSH	Bone Calcium, Phosphorus

METROPOLIS

TruHealth

*T&C Apply. Validity: 10th - 30th August