

Freedom to live well and eat healthy starts here

Book TruHealth 1+1 to get FREE Diet and Expert Consultation

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS

| Test                    | Result | Optimal Range | Status |
|-------------------------|--------|---------------|--------|
| Haemoglobin (g/dL)      | 13.6   | 12.0 – 15.5   | Normal |
| Blood Sugar (F) (mg/dL) | 94     | 70 – 99       | Normal |
| Cholesterol (mg/dL)     | 164    | < 200         | Normal |
| Vitamin D (ng/mL)       | 32     | 30 – 100      | Normal |
| Thyroid (TSH) (uIU/mL)  | 2.15   | 0.40 – 4.50   | Normal |



METROPOLIS

Contact Us: 8422 801 801 or info@metropolisindia.com

Package starting at ₹1,500/-

www.metropolisindia.com

\*T&C Apply. Validity: 10th – 30th August

TruHealth Elite (M/F) — MRP (M) ₹28,585 | (F) ₹33,300 — at ₹10,000 — 116 (M) / 119 (F) Parameters | T8926 (M) / T8927 (F)

**Anaemia**  
CBC, Vit B-12, Ferritin, Folic Acid (Vit B9), Iron Studies

**Diabetes**  
Glucose (F), HbA1c, Glucose (PP), Insulin (F)

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)

**Infection**  
ESR, CRP

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), Homocysteine, hsCRP, Cortisol

**Bone**  
Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

**Hormones (Female)**  
FSH, Prolactin, AMH

**Cancer**  
CEA, PSA (Male), CA-15.3 (Female)

**Pancreas**  
Amylase, Lipase

**Allergy**  
IgE Total

1+1 available @ ₹18,000

TruHealth Expert (M/F) — MRP (M) ₹22,260 | (F) ₹23,360 — at ₹6,000 — 112 (M) / 113 (F) Parameters | T8372 (M) / T8373 (F)

**Anaemia**  
CBC, Vit B-12, Iron Studies

**Diabetes**  
Glucose (F), HbA1c, Glucose (PP), Insulin (F)

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

**Infection**  
ESR

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

**Hormones**  
FSH (Female)

**Cancer**  
CEA, PSA (Male), CA-15.3 (Female)

**Pancreas**  
Amylase, Lipase

**Allergy**  
IgE Total

1+1 available @ ₹10,200

TruHealth ProActive (M/F) — MRP (M) ₹19,050 | (F) ₹18,650 — at ₹5,000 — 106 (M) / 106 (F) Parameters | T8369 (M) / T8368 (F)

**Anaemia**  
CBC, Vit B-12, Iron Studies

**Diabetes**  
Glucose (F), HbA1c, Glucose (PP)

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

**Infection**  
ESR

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

**Hormones**  
FSH (Female)

**Cancer**  
CEA, PSA (Male)

**Pancreas**  
Amylase

**Allergy**  
IgE Total

1+1 available @ ₹8,500

TruHealth Active (M/F) — MRP (M) ₹15,540 | (F) ₹15,740 — at ₹4,000 — 100 (M) / 101 (F) Parameters | T8370 (M) / T8371 (F)

**Anaemia**  
CBC, Vit B-12, Iron Studies

**Diabetes**  
Glucose (F), HbA1c, Glucose (PP)

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

**Infection**  
ESR, CRP

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP

**Hormones**  
FSH (Female), Prolactin (Female)

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D

**Cancer**  
CEA, PSA (Male)

1+1 available @ ₹6,800

TruHealth Vital Plus — MRP ₹9,185 — at ₹3,300 — 86 Parameters | T8366

**Anaemia**  
CBC, Vit B-12

**Diabetes**  
Glucose (F), HbA1c

**Infection**  
ESR

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D

1+1 available @ ₹5,610

TruHealth Vital — MRP ₹8,225 — at ₹2,500 — 82 Parameters | T8367

**Anaemia**  
CBC, Vit B-12

**Diabetes**  
Glucose (F), HbA1c

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin

**Infection**  
ESR

**Kidney**  
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D

1+1 available @ ₹4,250

TruHealth Essential — MRP ₹7,275 — at ₹1,700 — 49 Parameters | T8364

**Anaemia**  
CBC

**Diabetes**  
Glucose (F), HbA1c

**Liver**  
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin

**Infection**  
ESR

**Kidney**  
Creatinine, BUN, Uric Acid

**Thyroid**  
TSH

**Heart**  
Cholesterol-Total, Triglycerides, HDL, LDL

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D

TruHealth Prime — MRP ₹7,265 — at ₹1,500 — 54 Parameters | T8675

**Anaemia**  
Haemogram, Vitamin B12

**Diabetes**  
Glucose (F), HbA1c

**Infection**  
ESR

**Liver**  
SGPT, SGOT, Bilirubin Total, Bilirubin Direct, Bilirubin Indirect, Proteins - Total, Albumin, Globulin, Alkaline Phosphatase, Gamma GT

**Kidney**  
Creatinine, BUN-Blood Urea Nitrogen, Uric Acid, Sodium, Potassium, Chlorides

**Thyroid**  
TSH, FT3, FT4

**Heart**  
Lipid Profile

**Bone**  
Calcium, Phosphorus, 25 OH Vitamin D