

Freedom to live well and eat healthy starts here

Book TruHealth 1+1 to get FREE Diet and Expert Consultation

IT'S GOOD TO BE SURE

BLOOD TEST REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 – 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 – 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 – 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 – 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or info@metropolisindia.com

Package starting at ₹1,000/-

www.metropolisindia.com

*T&C Apply. Validity: 10th – 30th August

Add a TruHealth package to your health goals.

For bookings and home visits call us on 8422 801 801 or visit your nearest centre

TruHealth Expert (M/F) — MRP (M) ₹19,840 | (F) ₹20,940 at ₹6,000 110 (M) / 111 (F) Parameters | T8372 (M) / T8373 (F)

- Anaemia**
CBC, Vit B-12, Iron Studies

Diabetes
Glucose (F), HbA1c, Glucose (PP), Insulin (F)

Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH
- Infection**
ESR

Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin /Creatinine Ratio

Thyroid
TSH, FT3, Ft4
- Heart**
Lipid Profile, CPK, hsCRP, Apolipoproteins (A1/B), Homocysteine, Cortisol

Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Hormones
FSH (Female)
- Cancer**
CEA, PSA (Male), CA-15.3 (Female)

Pancreas
Amylase, Lipase

Allergy
IgE Total

1+1 available @ ₹10,200

TruHealth ProActive (M/F) — MRP (M) ₹17,190 | (F) ₹16,890 at ₹5,000 104 (M) / 104 (F) Parameters | T8369 (M) / T8368 (F)

- Anaemia**
CBC, Vit B-12, Iron Studies

Diabetes
Glucose (F), HbA1c, Glucose (PP)

Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH
- Infection**
ESR

Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine

Thyroid
TSH, FT3, Ft4
- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP

Bone
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Hormones
FSH (Female)
- Cancer**
CEA, PSA (Male)

Pancreas
Amylase

Allergy
IgE Total

1+1 available @ ₹8,500

TruHealth Active (M/F) — MRP (M) ₹14,120 | (F) ₹14,370 at ₹4,000 98 (M) / 99 (F) Parameters | T8370 (M) / T8371 (F)

- Anaemia**
CBC, Vit B-12, Iron Studies

Diabetes
Glucose (F), HbA1c, Glucose (PP)

Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides
- Infection**
ESR, CRP

Liver
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

Thyroid
TSH, FT3, Ft4
- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP

Hormone
FSH (Female), Prolactin (Female)
- Bone**
Calcium, Phosphorus, 25 OH Vitamin D

Cancer
CEA, PSA (Male)

1+1 available @ ₹6,800

TruHealth Vital Plus — MRP ₹8,400 at ₹3,200 84 Parameters | T8366

- Anaemia**
CBC, Vit B-12

Diabetes
Glucose (F), HbA1c

Infection
ESR
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase

Kidney
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

Thyroid
TSH, FT3, Ft4
- Heart**
Lipid Profile

Bone
Calcium, Phosphorus, 25 OH Vitamin D

1+1 available @ ₹5,440

TruHealth Vital — MRP ₹8,080 at ₹2,500 60 Parameters | T8367

- Anaemia**
CBC, Vit B-12

Diabetes
Glucose (F), HbA1c
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin Indirect, Proteins -Total, Albumin, Globulin

Infection
ESR
- Kidney**
Creatinine, BUN, Uric Acid, Sodium, Potassium, Chlorides

Thyroid
TSH, FT3, Ft4
- Heart**
Lipid Profile

Bone
Calcium, Phosphorus, 25 OH Vitamin D

TruHealth Essential — MRP ₹5,640 at ₹1,800 47 Parameters | T8364

- Anaemia**
CBC

Diabetes
Glucose (F), HbA1c
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin

Infection
ESR
- Kidney**
Creatinine, BUN, Uric Acid

Thyroid
TSH
- Heart**
Lipid Profile

Bone
Calcium, Phosphorus, 25 OH Vitamin D

TruHealth Basic — MRP ₹3,020 at ₹1,000 42 Parameters | T8363

- Anaemia**
CBC

Diabetes
Glucose (F)
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Proteins-Total, Albumin, Globulin

Infection
ESR
- Kidney**
Creatinine, Uric Acid

Thyroid
TSH
- Heart**
Lipid Profile

Bone
Calcium, Phosphorus

METROPOLIS

TruHealth