

The best diet isn't trending.
It's personalised.

This Independence Day, enjoy

₹500 OFF on TruHealth Diet

A FREE Body Vitals Check *

IT'S GOOD TO BE SURE

BLOOD TEST
REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 - 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 - 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 - 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 - 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or
info@metropolisindia.com

Package starting at
₹3,800/-

www.metropolisindia.com

*T&C Apply. Validity: 10th - 30th August

TruHealth Elite (M/F) + Tru Diet

T9075 (M) / T9076 (F)



Personalized Diet



Anaemia

CBC, Vit B-12, Ferritin, Folic Acid (Vit-B9), Iron Studies



Infection

ESR, CRP



Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), hsCRP, Homocysteine, Cortisol



Cancer

CEA, PSA (Male), CA-15.3 (Female)



Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Bone

Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Pancreas

Amylase, Lipase



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)



Thyroid

TSH, FT3, FT4



Hormones (Female)

FSH, Prolactin, AMH



Allergy

IgE Total

MRP (M) ₹34,285 | (F) ₹38,765- at ₹11,000 118 (M) / 121 (F) Parameters

TruHealth Expert (M/F) + Tru Diet

T9073 (M) / T9074 (F)



Personalized Diet



Anaemia

CBC, Vit B-12, Iron Studies



Infection

ESR



Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol



Cancer

CEA, PSA (Male), CA-15.3 (Female)



Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio



Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Pancreas

Amylase, Lipase



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Thyroid

TSH, FT3, FT4



Hormones

FSH (Female)



Allergy

IgE Total

MRP (M) ₹26,990 | (F) ₹28,010- at ₹9,000 111 (M) / 112 (F) Parameters

TruHealth ProActive (M/F) + Tru Diet

T9071 (M) / T9072 (F)



Personalized Diet



Anaemia

CBC, Vit B-12, Iron Studies



Infection

ESR



Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP



Cancer

CEA, PSA (Male)



Diabetes

Glucose (F), HbA1c, Glucose (PP)



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine



Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis



Pancreas

Amylase



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Thyroid

TSH, FT3, FT4



Hormones

FSH (Female)



Cancer

CEA, PSA (Male)



Pancreas

Amylase



Allergy

IgE Total

MRP (M) ₹23,540 | (F) ₹22,970- at ₹8,000 107 (M) / 107 (F) Parameters

TruHealth Active (M/F) + Tru Diet

T9069 (M) / T9070 (F)



Personalized Diet



Anaemia

CBC, Vit B-12, Iron Studies



Infection

ESR, CRP



Thyroid

TSH, FT3, Ft4



Bone

Calcium, Phosphorus, 25 OH Vitamin D



Diabetes

Glucose (F), HbA1c, Glucose (PP)



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine



Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP



Cancer

CEA, PSA (Male)



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH



Hormones

FSH (Female), Prolactin (Female)



Allergy

IgE Total

MRP (M) ₹19,760 | (F) ₹19,850- at ₹7,000 102 (M) / 103 (F) Parameters

TruHealth Vital Plus + Tru Diet

T9068



Personalized Diet



Anaemia

CBC, Vit B-12



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Heart

Lipid Profile



Diabetes

Glucose (F), HbA1c



Infection

ESR



Thyroid

TSH, FT3, FT4



Bone

Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹12,495- at ₹5,750 87 Parameters

TruHealth Vital + Tru Diet

T9067



Personalized Diet



Anaemia

CBC, Vit B-12



Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin,



Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides



Heart

Lipid Profile



Diabetes

Glucose (F), HbA1c



Infection

ESR



Thyroid

TSH, FT3, FT4



Bone

Calcium, Phosphorus

MRP ₹12,205- at ₹4,200 84 Parameters