

The best diet isn't trending.
It's personalised.

This Independence Day, enjoy

₹500 OFF on TruHealth Diet

A FREE Body Vitals Check *

IT'S GOOD TO BE SURE

BLOOD TEST
REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 - 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 - 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 - 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 - 4.50	Normal



— LISTER —
METROPOLIS

Contact Us: 8422 801 801 or
info@metropolisindia.com

Package starting at
₹4,000/-

www.metropolisindia.com

*T&C Apply. Validity: 10th - 30th August

TruHealth Elite (M/F) + Tru Diet

T9075 (M) / T9076 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Ferritin, Folic Acid (Vit-B9), Iron Studies

Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)

Infection

ESR, CRP

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

Thyroid

TSH, FT3, FT4

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), hsCRP, Homocysteine, Cortisol

Bone

Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Hormones (Female)

FSH, Prolactin, AMH

Cancer

CEA, PSA (Male), CA-15.3 (Female)

Pancreas

Amylase, Lipase

Allergy

IgE Total

MRP (M) ₹33,070 | (F) ₹37,305 at ₹11,000 118 (M) / 121 (F) Parameters

TruHealth Expert (M/F) + Tru Diet

T9073 (M) / T9074 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg Screening

Infection

ESR, CRP

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

Thyroid

TSH, FT3, FT4

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol

Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Hormones

FSH (Female)

Cancer

CEA, PSA (Male), CA-15.3 (Female)

Pancreas

Amylase, Lipase

Allergy

IgE Total

MRP (M) ₹27,575 | (F) ₹28,970 at ₹9,500 113 (M) / 114 (F) Parameters

TruHealth ProActive (M/F) + Tru Diet

T9071 (M) / T9072 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Diabetes

Glucose (F), HbA1c, Glucose (PP)

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg Screening

Infection

ESR, CRP

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine

Thyroid

TSH, FT3, FT4

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP

Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Hormones

FSH (Female)

Cancer

CEA, PSA (Male), CA-15.3 (Female)

Pancreas

Amylase

Allergy

IgE Total

MRP (M) ₹24,335 | (F) ₹24,095 at ₹8,500 109 (M) / 109 (F) Parameters

TruHealth Active (M/F) + Tru Diet

T9069 (M) / T9070 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Diabetes

Glucose (F), HbA1c, Glucose (PP)

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg Screening

Infection

ESR, CRP

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine

Thyroid

TSH, FT3, Ft4

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP

Bone

Calcium, Phosphorus, 25 OH Vitamin D

Cancer

CEA, PSA (Male)

Hormones

FSH (Female), Prolactin (Female)

MRP (M) ₹20,575 | (F) ₹20,925 at ₹7,500 105 (M) / 106 (F) Parameters

TruHealth Vital Plus + Tru Diet

T9068



Personalized Diet

Anaemia

CBC, Vit B-12

Diabetes

Glucose (F), HbA1c

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, HbsAg Screening

Infection

ESR

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

Thyroid

TSH, FT3, FT4

Heart

Lipid Profile

Bone

Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹13,220 at ₹6,000 88 Parameters

TruHealth Vital + Tru Diet

T9067



Personalized Diet

Anaemia

CBC, Vit B-12

Diabetes

Glucose (F), HbA1c

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin, HbsAg Screening

Infection

ESR

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

Thyroid

TSH, FT3, FT4

Heart

Lipid Profile

Bone

Calcium, Phosphorus

MRP ₹11,020 at ₹4,500 84 Parameters