

The best diet isn't trending.
It's personalised.

This Independence Day, enjoy

₹500 OFF on TruHealth Diet

A FREE Body Vitals Check *

IT'S GOOD TO BE SURE

BLOOD TEST
REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 - 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 - 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 - 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 - 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or
info@metropolisindia.com

Package starting at
₹3,000/-

www.metropolisindia.com

*T&C Apply. Validity: 10th - 30th August

TruHealth Elite (M/F) + Tru Diet

T9075 (M) / T9076 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Ferritin, Folic Acid (Vit B9), Iron Studies

Infection

ESR, CRP

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), Homocysteine, hsCRP, Cortisol

Cancer

CEA, PSA (Male), CA-15.3 (Female)

Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

Bone

Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Pancreas

Amylase, Lipase

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)

Thyroid

TSH, FT3, Ft4

Hormones (Female)

FSH, Prolactin, AMH

Allergy

IgE Total

MRP (M) ₹28,580 | (F) ₹32,625- at ₹11,000 118 (M) / 121 (F) Parameters

TruHealth Expert (M/F) + Tru Diet

T9073 (M) / T9074 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Infection

ESR

Heart

Lipid Profile, CPK, hsCRP, Apolipoproteins (A1/B), Homocysteine, Cortisol

Cancer

CEA, PSA (Male), CA-15.3 (Female)

Diabetes

Glucose (F), HbA1c, Glucose (PP), Insulin (F)

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio

Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Pancreas

Amylase, Lipase

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

Thyroid

TSH, FT3, Ft4

Hormones

FSH (Female)

Allergy

IgE Total

MRP (M) ₹23,400 | (F) ₹24,615- at ₹7,000 111 (M) / 112 (F) Parameters

TruHealth ProActive (M/F) + Tru Diet

T9071 (M) / T9072 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Infection

ESR

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP

Cancer

CEA, PSA (Male)

Diabetes

Glucose (F), HbA1c, Glucose (PP)

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine

Bone

Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

Pancreas

Amylase

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

Thyroid

TSH, FT3, Ft4

Hormones

FSH (Female)

Allergy

IgE Total

MRP (M) ₹20,640 | (F) ₹20,330- at ₹6,000 107 (M) / 107 (F) Parameters

TruHealth Active (M/F) + Tru Diet

T9069 (M) / T9070 (F)



Personalized Diet

Anaemia

CBC, Vit B-12, Iron Studies

Infection

ESR, CRP

Thyroid

TSH, FT3, Ft4

Bone

Calcium, Phosphorus, 25 OH Vitamin D

Diabetes

Glucose (F), HbA1c, Glucose (PP)

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

Heart

Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP

Cancer

CEA, PSA (Male)

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

Hormone

FSH (Female), Prolactin (Female)

MRP (M) ₹17,380 | (F) ₹17,650- at ₹5,000 102 (M) / 103 (F) Parameters

TruHealth Vital Plus + Tru Diet

T9068



Personalized Diet

Anaemia

CBC, Vit B-12

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, Gamma GT, LDH

Kidney

Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

Heart

Lipid Profile

Diabetes

Glucose (F), HbA1c

Thyroid

TSH, FT3, Ft4

Bone

Calcium, Phosphorus, 25 OH Vitamin D

Infection

ESR

MRP ₹12,060- at ₹4,200 89 Parameters

TruHealth Vital + Tru Diet

T9067



Personalized Diet

Anaemia

CBC, Vit B-12

Liver

SGPT, SGOT, Bilirubin-Total, Bilirubin Direct, Bilirubin Indirect, Proteins -Total, Albumin, Globulin, Alkaline Phosphatase, Gamma GT

Kidney

Creatinine, BUN, Uric Acid, Sodium, Potassium, Chlorides

Heart

Lipid Profile

Diabetes

Glucose (F), HbA1c

Infection

ESR

Thyroid

TSH, FT3, Ft4

Bone

Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹11,585- at ₹3,500 65 Parameters