

The best diet isn't trending.
It's personalised.

This Independence Day, enjoy

₹500 OFF on TruHealth Diet

A FREE Body Vitals Check *

IT'S GOOD TO BE SURE

BLOOD TEST
REPORT

KEY PARAMETERS

Test	Result	Optimal Range	Status
Haemoglobin (g/dL)	13.6	12.0 - 15.5	Normal
Blood Sugar (F) (mg/dL)	94	70 - 99	Normal
Cholesterol (mg/dL)	164	< 200	Normal
Vitamin D (ng/mL)	32	30 - 100	Normal
Thyroid (TSH) (uIU/mL)	2.15	0.40 - 4.50	Normal



METROPOLIS

Contact Us: 8422 801 801 or
info@metropolisindia.com

Package starting at
₹3,700/-

www.metropolisindia.com

*T&C Apply. Validity: 10th - 30th August

TruHealth Elite (M/F) + Tru Diet

T9075 (M) / T9076 (F)

Personalized Diet

- Anaemia**
CBC, Vit B-12, Ferritin, Folic Acid (Vit-B9), Iron Studies
- Diabetes**
Glucose (F), HbA1c, Glucose (PP), Insulin (F)
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH, HbsAg (Hep-B Screening), HCV (Hepatitis C)

- Infection**
ESR, CRP
- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio
- Thyroid**
TSH, FT3, FT4

- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), Lipoproteins (a), hsCRP, Homocysteine, Cortisol
- Bone**
Magnesium, Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis
- Hormones (Female)**
FSH, Prolactin, AMH

- Cancer**
CEA, PSA (Male), CA-15.3 (Female)
- Pancreas**
Amylase, Lipase
- Allergy**
IgE Total

MRP (M) ₹27,935 | (F) ₹31,575- at ₹11,000 118 (M) / 121 (F) Parameters

TruHealth Expert (M/F) + Tru Diet

T9073 (M) / T9074 (F)

Personalized Diet

- Anaemia**
CBC, Vit B-12, Iron Studies
- Diabetes**
Glucose (F), HbA1c, Glucose (PP), Insulin (F)
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

- Infection**
ESR
- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine, Microalbumin / Creatinine Ratio
- Thyroid**
TSH, FT3, FT4

- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP, Cortisol
- Bone**
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis
- Hormones**
FSH (Female)

- Cancer**
CEA, PSA (Male), CA-15.3 (Female)
- Pancreas**
Amylase, Lipase
- Allergy**
IgE Total

MRP (M) ₹22,875 | (F) ₹24,105- at ₹9,000 111 (M) / 112 (F) Parameters

TruHealth ProActive (M/F) + Tru Diet

T9071 (M) / T9072 (F)

Personalized Diet

- Anaemia**
CBC, Vit B-12, Iron Studies
- Diabetes**
Glucose (F), HbA1c, Glucose (PP)
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

- Infection**
ESR
- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides, GFR with Creatinine
- Thyroid**
TSH, FT3, FT4

- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), Homocysteine, hsCRP
- Bone**
Calcium, Phosphorus, 25 OH Vitamin D, RA Test for Arthritis

- Hormones**
FSH (Female)
- Cancer**
CEA, PSA (Male)
- Pancreas**
Amylase
- Allergy**
IgE Total

MRP (M) ₹20,155 | (F) ₹19,925- at ₹8,000 107 (M) / 107 (F) Parameters

TruHealth Active (M/F) + Tru Diet

T9069 (M) / T9070 (F)

Personalized Diet

- Anaemia**
CBC, Vit B-12, Iron Studies
- Diabetes**
Glucose (F), HbA1c, Glucose (PP)
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase, GGT, LDH

- Infection**
ESR, CRP
- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides

- Thyroid**
TSH, FT3, FT4
- Heart**
Lipid Profile, CPK, Apolipoproteins (A1/B), hsCRP

- Bone**
Calcium, Phosphorus, 25 OH Vitamin D
- Cancer**
CEA, PSA (Male)
- Hormones**
FSH (Female), Prolactin (Female)

MRP (M) ₹17,430 | (F) ₹17,680- at ₹7,000 102 (M) / 103 (F) Parameters

TruHealth Vital Plus + Tru Diet

T9068

Personalized Diet

- Anaemia**
CBC, Vit B-12
- Diabetes**
Glucose (F), HbA1c
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Bilirubin-Indirect, Proteins-Total, Albumin, Globulin, Alkaline Phosphatase
- Infection**
ESR

- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides
- Thyroid**
TSH, FT3, FT4

- Heart**
Lipid Profile
- Bone**
Calcium, Phosphorus, 25 OH Vitamin D

MRP ₹11,370- at ₹5,750 87 Parameters

TruHealth Vital + Tru Diet

T9067

Personalized Diet

- Anaemia**
CBC, Vit B-12
- Diabetes**
Glucose (F), HbA1c
- Liver**
SGPT, SGOT, Bilirubin-Total, Bilirubin-Direct, Proteins-Total, Albumin, Globulin
- Infection**
ESR

- Kidney**
Creatinine, Urine-Routine Examination, BUN, Uric Acid, Sodium, Potassium, Chlorides
- Thyroid**
TSH, FT3, FT4

- Heart**
Lipid Profile
- Bone**
Calcium, Phosphorus

MRP ₹9,525- at ₹4,200 83 Parameters